Co-funded by
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MUSICOTERAPOP

Final conference

A project designed to recognise and celebrate the transformative power of music and songwriting, with a view to supporting young people on their journey of personal, emotional and social growth.

16 - 17 January 2027

CET - Centro Europeo di Toscolano

Loc. Casa Pancallo, 3,
05020 Avigliano Umbro
(TR- Italia)

The project MUSICOTERAPOP

The project ***MusicoTeraPOP. Music Therapy, POP Songs and Songwriting for the Empowerment and Social Inclusion of Young People*** (2024-2-IT03-KA220-YOU-000289111) stems from a shared vision: to recognise and harness the transformative power of music (particularly songwriting) to support **young people** on their journey of **personal, emotional and social growth**.
In an era marked by increasing vulnerability amongst young people, psychological distress and dynamics of exclusion, the project aims to address urgent and widespread needs through innovative, participatory and deeply human approaches.

Launched in March 2025, *MusicoTeraPOP* is a 24-month project selected and co-funded under the European **Erasmus+** programme, Key Action 2 (*KA220-YOU – Cooperation partnerships in youth*).

The project involves three countries (**Italy**, **Spain** and **Romania**) in a strategic alliance between organisations with complementary expertise in the fields of **music therapy**, **emotional education**, **creative writing**, **music education** and **intercultural mediation**.

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The final conference of MUSICOTERAPOP

16th and 17th of January 2027

CET - Centro Europeo di Toscolano
Loc. Casa Pancallo, 3, 05020 Avigliano Umbro (TR) - Italia



Why hold a final conference?

The Final Conference marks the culmination of a two-year **European project,** built around meetings, experiments, training and knowledge-sharing between **young people** and **professionals** from **Italy**, **Spain** and **Romania**.
This Conference provides an opportunity to reflect on the journey undertaken, share the results and experiences gained, and present the methodology developed by the project, which emerged from the convergence of music therapy, emotional education and *songwriting*.
But it is also a chance to look ahead: to discuss **future prospects** and imagine how what we have built together can continue to generate new experiences of **self-expression**, **empowerment** and **inclusion** through **music**.

The final conference of MUSICOTERAPOP

Who is the conference aimed at?

The *MusicoTeraPOP* Final Conference is open to anyone wishing to discover how **music**, **creativity** and **emotional education** can become tools for **growth**, **expression** and **inclusion**.

In particular, it is aimed at **educators, youth workers, psychologists and psychotherapists, music therapists, musicians, teachers, social and healthcare workers, students and professionals** interested in innovative approaches to working with **young people**.

The conference is also open to **organisations, associations, institutions and third sector organisations**, as well as anyone interested in the themes of music, **emotions**, **wellbeing** and **youth participation**.



What will be presented during the event?

The conference will offer an exploration of **emotional education**, **music therapy** and **songwriting**, alternating between theoretical contributions, personal accounts and hands-on activities. The methodology developed by MusicoTeraPOP, the work carried out with young people in the three partner countries and the project's final documentary film will be presented.

The **practical sessions** will also provide an opportunity to experience first-hand the **tools and techniques** of emotional education, music and songwriting.

You can learn more about the MusicoTeraPOP methodology through the video lessons produced, available at the following link:
https://youtube.com/playlist?list=PLefpughYrXXM&si=DgOnPMQkkLu6z1hu

The speakers at the conference of MUSICOTERAPOP



Mogol
Internationally renowned author
Founder of the record label “Numero Uno” and of the
CET - Centro Europeo di Toscolano



Giuseppe Anastasi
Author, singer-songwriter and teacher
CET - Centro Europeo di Toscolano



Alma Serra González
Psychologist and psychotherapist, anthropologist and music therapist
ASEDEM - Asociación Española de Educación Emocional



Mari Carmen Díaz Cadenas
Philosopher and educational coach
ASEDEM - Asociación Española de Educación Emocional



Gerardo Manarolo
Psychiatrist, psychotherapist, editor-in-chief of the journal *Musica e Terapia* (published by LIM) and lecturer in music therapy techniques at the University of Genoa (Italy).



Diego C. Valsania
Psychologist and Project Manager
Overall Project Manager at *MusicoTeraPOP*
Fermata d’Autobus ETS

The speakers at the conference of MUSICOTERAPOP



Claudio De Marco
Musician and music therapist
Fermata d'Autobus ETS



Franco Fusco
Musician and music therapist, author and composer
CET - Centro Europeo di Toscolano



Diana Tudor-Traistaru
Musician and music therapist
AIM - Association of Intercultural Mediators



José Ignacio Megina Martínez
Musician and music therapist
ASEDEM - Asociación Española de Educación Emocional



Laurenţiu Burca Vasile
History teacher and Project Manager
AIM - Association of Intercultural Mediators



Eugenio Criscuolo
Intercultural Mediator and Project Manager
ASEDEM - Asociación Española de Educación Emocional

The conference programme MUSICOTERAPOP

Saturday 16th January 2027

10:00 AM | Opening of the Conference
Official welcome and presentation of the *MusicoTeraPOP* project
Diego Valsania – Fermata d'Autobus ETS

10:30 AM | Mogol tells his story
An encounter with Mogol, blending music, words, creativity and artistic experience.

11:00 AM | Emotional education, vulnerable young people and social inclusion
Alma Serra González and Mari Carmen Díaz Cadenas – ASEDEM
The role of emotional education in working with young people, with a particular focus on situations of vulnerability and processes of social inclusion.

12:15 AM | Music therapy
Gerardo Manarolo
An introduction to music therapy and its potential in the areas of treatment, relationships and self-expression.

01:00 PM | Lunch break

03:00–06:00 PM | Experiential workshop: emotional education and music
Alma Serra González and Mari Carmen Díaz Cadenas – ASEDEM
Practical sessions dedicated to exploring tools and activities that combine emotional education and music.



The conference programme MUSICOTERAPOP

Sunday 17th January 2027

10:00 AM | Songwriting: from theory to practice
Giuseppe Anastasi – CET
A journey through the song and its fundamental elements: lyrics, structure, rhythm and metre.

10:45 AM | Songwriting according to *MusicoTeraPOP*: the *E.M.S.* methodology
Claudio De Marco – Fermata d'Autobus ETS
Presentation of the songwriting approach developed as part of the project and its integration with music and emotional education.

11:30 AM | MusicoTeraPOP: the documentary film
Screening of the documentary film produced by *REALMEDIA Srl*, which recounts the journey, experiences and voices of the project's participants.

12:30 AM | Questions, discussion and closing remarks
An open forum for sharing thoughts, questions and future prospects.

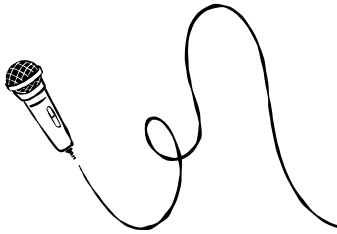
01:00 PM | Lunch break

03:00–06:00 PM | Experiential workshop: the MusicoTeraPOP methodology
Organised by the project team
Practical sessions focused on exploring the *MusicoTeraPOP* methodology through music therapy, emotional education and songwriting.



How to take part in the conference of MUSICOTERAPOP

The conference will take place in a **hybrid format** (in person and via live stream).



Attendance at the MusicoTeraPOP Final Conference is **free of charge**, whether in person at the CET – Centro Europeo di Toscolano (Loc. Casa Pancallo, 3, 05020 Avigliano Umbro TR – Italia) or via live stream online.



In-person attendance

By attending in person, you will be able to take part in the **full two-day programme**:
10:00 AM – 01:00 PM | Conference and presentations
03:00 PM – 06:00 PM | Workshops and practical sessions

The **afternoon activities**, dedicated to practical exploration of emotional education, music therapy and songwriting methodologies, **are reserved exclusively for in-person participants**.

For those wishing to enjoy the full experience, it is possible to stay overnight at the CET and make use of the accommodation and meals services.
The associated costs are to be borne by the participant.
Accommodation and meals package for the night of 16 January 2027: € 200,00 per person

Accommodation places are limited and **booking** is therefore required; this must be made no later than 24 December 2026.
To book your stay at the CET, please email: musicoterapop@gmail.com
On request, we can provide details of accommodation and meal packages for the day before and/or after the event.

How to get here: click on this link.

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Participation via live stream

Anyone unable to attend the CET in person can watch the morning sessions on both days live via Zoom free of charge, from 10.00 AM to 01.00 PM.

The workshops and hands-on activities scheduled from 15.00 to 18.00 will not be streamed online and are reserved for participants attending the CET in person.

The live stream will feature automatic subtitles in the following languages: Italian, Spanish, Romanian and English.

Online participation is free of charge, subject to registration, this must be made no later than 24 December 2026.

REGISTER FOR THE ONLINE CONFERENCE → **CLICK HERE**

Once registered, participants will receive the necessary instructions to join the live stream.

MUSICOTERAPOP

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For further information

Website www.musicoterapop.eu

E-mail musicoterapop@gmail.com

Instagram @musicoterapop

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MusicoTeraPOP – Music Therapy, POP Songs and Songwriting for the Empowerment and Social Inclusion of Young People (2024-2-IT03-KA220-YOU-000289111) is funded by the European Union.
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