MusicoTeraPOP.
Music Therapy, POP Songs and Songwriting
for the Empowerment and Social Inclusion of Young People
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PRESS RELEASE

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MUSICOTERAPOP: THE CONTEST

Music, emotions and social inclusion take centre stage at Mogol's CET

On Saturday 24 October 2026, the **CET – Centro Europeo di Toscolano**, founded by Maestro **Mogol**, will host the **MusicoTeraPOP Music Contest**, the centrepiece of the European project *MusicoTeraPOP – Music Therapy, POP Songs and Songwriting for the Empowerment and Social Inclusion of Young People*, co-funded by the European Union's Erasmus+ Programme.

The initiative represents an important opportunity to bring together **music**, **education**, **wellbeing** and **social inclusion**, highlighting the potential of **songwriting** and **music therapy** as tools for personal growth, emotional expression and the active participation of young people.

During the event, original songs created by participants in the pilot schemes developed as part of the project will be presented. The project has involved partners from **Italy**, **Spain** and **Romania** in developing an innovative methodology based on the integration of music therapy, emotional education and musical composition.

The guest of honour for the day will be **Maestro Mogol**, one of the most influential songwriters in Italian music and founder of CET, who will share his insights and experience on the educational, cultural and human value of music.

The contest will offer the public the opportunity to listen to the **songs** created during the project, learn about the experiences of the **young people** involved and gain a deeper understanding of the role that **music** can play in promoting inclusion, empowerment, psychological wellbeing and social participation.

The event forms part of the activities aimed at **disseminating** and **promoting** the results of the MusicoTeraPOP project, which arose from a collaboration between **CET** (Italy), **Fermata d'Autobus ETS** (Italy), **ASEDEM** (Spain) and **AIM** (Romania).

Event information

MUSICOTERAPOP: The Contest

Saturday 24 October 2026 at 3.00 pm

CET – Centro Europeo di Toscolano, Loc. Casa Pancallo, 3, 05020 Avigliano Umbro (TR) – Italy

Admission is free, subject to availability.

We would be delighted to welcome representatives from institutions, professionals, youth workers, **social and healthcare workers**, **teachers**, **educators**, **students**, **organisations**, the **media** and **members of the public** interested in sharing a day dedicated to the transformative power of music.

For information and updates:

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Official hashtag: **#MusicoteraPOP**

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