



PRESS RELEASE

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MusicoTeraPOP: CET to Host the Third International Seminar for the Final Validation of the Methodology

From **26 August to 2 September 2026**, the **European Centre of Toscolano (CET)** in Avigliano Umbro (Italy) will host **Seminar 3** of the European project **MusicoTeraPOP – Music Therapy, POP Songs and Songwriting for the Empowerment and Social Inclusion of Young People**, co-funded by the **Erasmus+ Programme** of the European Union.

This seminar represents a key milestone in the project and is dedicated to the **final validation of the MusicoTeraPOP methodology**, developed through the collaboration of partners from **Italy, Spain and Romania** and tested during the pilot groups carried out over the past year.

Throughout the week, youth workers, music therapists, songwriting experts, project managers and other professionals will analyse the outcomes of the pilot activities, compare the results achieved in the three countries and work together on the **final version of the MusicoTeraPOP Handbook**, the project's main methodological output.

The seminar will also focus on the completion of the WP4 training activities, the review of the e-learning materials and video lessons, and the planning of the dissemination and exploitation activities that will accompany the final stage of the project.

MusicoTeraPOP aims to promote young people's emotional wellbeing, empowerment and social inclusion through music therapy, pop songwriting and emotional education, providing professionals with innovative and transferable tools for youth work across Europe.

Through **collaborative discussion and joint writing sessions**, MusicoTeraPOP strengthens its methodological framework, enhancing the value of field experience and promoting a structured approach that integrates music therapy, songwriting and emotional education as tools for youth empowerment and social inclusion.

Seminar 3 further highlights the importance of **European cooperation** within the project, reinforcing partnership coordination and supporting the creation of a shared, transferable and sustainable methodology.

For information and updates:

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 Official hashtag: **#MusicoteraPOP**



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