



PRESS RELEASE

March 2026

MusicoTeraPOP: Seminar 2 in Avigliano Umbro to consolidate the shared methodology

From March 16 to 23, 2026, the Centro Europeo di Toscolano (CET) in Avigliano Umbro (TR), Italy, will host Activity 2.3 - Seminar 2 of the European project MusicoTeraPOP - Music Therapy, POP Songs and Songwriting for the Empowerment and Social Inclusion of Young People, co-funded by the European Union under the Erasmus+ Youth programme (KA220-YOU).

Seminar 2, entitled "**Improving the definition of the methodology through ongoing feedback**", represents a key milestone within Work Package 2, dedicated to the development of the project methodology. The seminar focuses on the mid-term evaluation of the Pilot Groups' activities (WP3) and on the consolidation of a shared methodological framework, building on feedback gathered during field implementation.

Participants will include youth professionals, music and songwriting experts, and project managers from the partner organisations involved in MusicoTeraPOP: **Fermata d'Autobus Onlus (Italy)**, **Centro Europeo di Toscolano – La Scuola di Mogol (Italy)**, **ASEDEM – Asociación Española de Educación Emocional (Spain)** e **AIM – Association of Intercultural Mediators (Romania)**.

Throughout the seminar, participants will engage in a **structured process** that includes:

- sharing the current state of implementation of the Pilot Groups across partner countries;
- qualitative analysis of experiences carried out with young people, including participation and engagement levels;
- identification of strengths, challenges and tested solutions;
- review and integration of the methodological draft developed during Seminar 1 (Activity 2.1).

One of the main **expected outcomes** of Seminar 2 is the development of Version 1 of the Methodological Handbook, which will serve as a key reference for subsequent project activities and as the foundation for the training of external professionals planned within WP4.

Through **collaborative discussion and joint writing sessions**, MusicoTeraPOP strengthens its methodological framework, enhancing the value of field experience and promoting a structured approach that integrates music therapy, songwriting and emotional education as tools for youth empowerment and social inclusion.

Seminar 2 further highlights the importance of **European cooperation** within the project, reinforcing partnership coordination and supporting the creation of a shared, transferable and sustainable methodology.

For information and updates:

 Instagram: [@musicoterapop](https://www.instagram.com/musicoterapop)

 www.musicoterapop.eu

 musicoterapop@gmail.com

 Official hashtag: **#Musicoterapop**



Co-funded by the
Erasmus+ Programme
of the European Union



fermata d'autobus



CET
Centro Europeo di Toscolano
La Scuola di Mogol



ASEDEM



ASSOCIATION OF
INTERCULTURAL MEDIATORS